

# SRIJAN HAPPENINGS

Monthly Newsletter of Srijan International School



# BACK TO SCHOOL



## JR. ACADEMIC COORDINATOR

**Ms. Shipra Bali**

With a passion for imparting education and a commitment to excellence, I work closely with teachers, students and parents to ensure that every child receives the support they need to thrive.

Shemford Futuristic School is a renowned institution dedicated to provide high quality education and fostering love for learning in students. School provides a nurturing environment that allows students to grow and flourish.

We as a team of educators are incorporating subject-related activities that promote practical application of knowledge. These activities can range from hands-on experiments, role playing and even incorporating games. Furthermore healthy evaluation of students is provided by regular feedback and students are encouraged to participate. Peer-led learning is also involved to enhance comprehension. Teachers are putting their best possible efforts. I am dedicated towards my responsibilities and my expertise have made a significant impact. Focus is on learning by doing.

We are proud to introduce Trinity College London programmes at a forward looking initiative to equip our students with critical 21st century skills.

We are confident that these globally benchmarked programmes will inspire our students to explore their voice, develop confidence, and communicate with clarity and impact.

## JR. CCA COORDINATOR

**Ms. Seema Rani**

**"A Month of Milestones and Memories"**

As I look back on the past month, I am filled with pride and admiration for the enthusiasm and energy that our students have brought to various activities and events. From the Investiture Ceremony to classroom presentations, our students have consistently demonstrated their talents and skills, and it's been a joy to witness their growth and development.

The Investiture Ceremony was a highlight of the month, where our new student leaders were entrusted with responsibilities and pledged to uphold the values of leadership. I congratulate each one of them on their appointment and wish them all the best as they embark on this new journey.

Our students have also been actively participating in various co-curricular activities, showcasing their creativity and passion. These activities not only enhance their skills but also foster teamwork, communication, and problem-solving abilities.

In a significant milestone for our school, we are thrilled to share that our girls' contingent has been enrolled in the 8 J&K (G) Bn (NCC) this month. This is a proud moment for us, and we look forward to seeing our young cadets develop their leadership skills, discipline, and character through this esteemed organization.

As we look ahead to the upcoming month, I encourage all students to continue exploring their interests and talents. Let's work together to make our school community a vibrant and inclusive space where every individual can thrive.





## FROM THE CHIEF EDITOR DESK

Dear Readers,

Warm greetings and welcome to the July edition of our newsletter!

As the summer break winds down, the corridors of our school are once again filled with the laughter, energy, and excitement of our young learners. The month of July marks a fresh beginning—a time to reconnect, refocus, and reignite the spark of learning.

This edition captures the vibrant moments of our return to school: from joyful reunions and enthusiastic classroom activities to renewed commitments to growth and excellence. As we step into the new academic term, let's carry forward the spirit of curiosity and creativity that defines our learning community.

Here's to a year full of possibilities, achievements, and cherished memories!

Warm regards,  
Ankita Choudhary  
Chief Editor/Administrative Officer

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*"Back to school isn't  
the end of summer,  
it's the beginning of  
something amazing*

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## "Roller Skating Royalty: Kamakshi Sharma's Blazing Performance"

Shemford Futuristic School's student, Kamakshi Sharma, has made her school and district proud by participating in the 3rd Ranking Jammu District Roller Skating Open Championship. The event was held at the iconic MA Stadium in Jammu, where Kamakshi showcased her exceptional skills and speed.

### A Double Gold Rush

Kamakshi Sharma excelled in the championship, winning gold medals in the 1000m and 500m races. Her impressive performance not only earned her individual accolades but also contributed to her school's reputation as a hub for nurturing talented athletes.



## "Rolling to Glory: Yuvan's Golden Skate"

Yuvan, a shining star from Shemford Futuristic School Birpur, Jammu, has rolled his way to victory in the 3rd Ranking Roller Skating Championships 2025-26, held in Jammu district. This young achiever from UKG B has showcased his exceptional skills and speed, winning a gold medal in the 500m race.

### A Stellar Performance

On July 25, 2025, Yuvan demonstrated his mastery on the roller skates, crossing the finish line with a sense of pride and accomplishment. His dedication and perseverance have paid off, earning him a well-deserved gold medal.

### Shemford Futuristic School's Proud Moment

The school administration and faculty members are thrilled with Yuvan's achievement, and his success is a testament to the school's commitment to nurturing young talent. Yuvan's victory is an inspiration to his peers, and we look forward to seeing him achieve greater heights in the world of roller skating.



## "Weaving Tales, Shaping Minds: The Art of Storytelling as Pedagogy"

Shemford Futuristic School, Birpur, Jammu, hosted a captivating workshop on "Storytelling as Pedagogy". The resource person, Ms. Chitrakshi V Vij, a renowned Communication & Behavioral Trainer/Image Consultant, shared her expertise with the attendees.



## "Creativity is the intelligence having fun" - Albert Einstein

Shemford Futuristic School, Birpur, Jammu, successfully conducted a CBSE workshop on "Art Integration" today, as part of its ongoing teacher training program. The resource person, Mr. Amir Bashir, a renowned expert in the field, led the interactive and engaging session.



## "Knowledge is the treasure of a wise man."

Shemford Futuristic School, Birpur, Jammu, hosted a transformative CBSE workshop on "Transforming Teaching with NEP and NCF". The resource person, Mr. Manish Mishra, a renowned author, master trainer, and linguist, shared his expertise with the attendees.



**"Learning is not attained by chance, it must be sought for with ardor and attended to with diligence." - Abigail Adams**

Shemford Futuristic School, Birpur, Jammu, hosted a valuable workshop on "Improving Student Learning" conducted by the renowned resource person, Ms. Renu Gupta. The interactive and informative session was designed to equip teachers with innovative strategies and best practices to enhance student learning outcomes.



**"Equality is not a concept, it's a necessity." - Ashoka**

Shemford Futuristic School, Birpur, Jammu, took a significant step towards fostering a more inclusive and empathetic educational environment. The school conducted a comprehensive workshop on Gender Sensitivity for its dedicated teachers. The session was expertly led by two esteemed CBSE resource persons: Ms. Jatinder Kaur, PGT Computer Science, and Ms. Monika Kumari, PGT English.



**"Empowering Educators: Unlocking the Power of Soft Skills in the Classroom"**

Shemford Futuristic School successfully conducted a workshop on "Soft Skills" for its teachers, focusing on enhancing their professional capabilities and teaching methodologies. Ms. Shipra Bali, Junior Academic Coordinator at SFS, an experienced and skilled educator, was the resource person for the session.

# Welcome back

"Empowering the Future: Where Courage Meets Discipline "

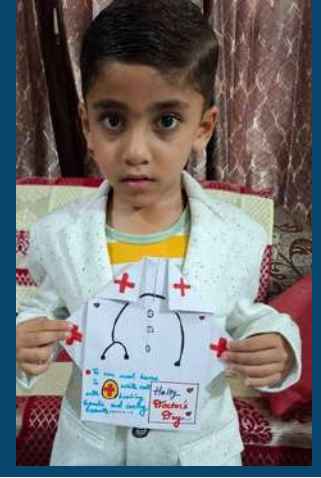


It is a matter of immense pride for Shemford Futuristic School, Birpur, Jammu, that our young girls are actively embracing the National Cadet Corps (NCC), an esteemed platform that fosters leadership, discipline, and camaraderie . By enrolling in NCC, our girls are not only developing essential life skills but also contributing to the nation's growth and security .

The NCC experience at Shemford Futuristic School is a testament to the institution's commitment to nurturing well-rounded individuals who are equipped to face challenges and seize opportunities with confidence and poise.



# DOCTOR'S DAY



# RED DAY



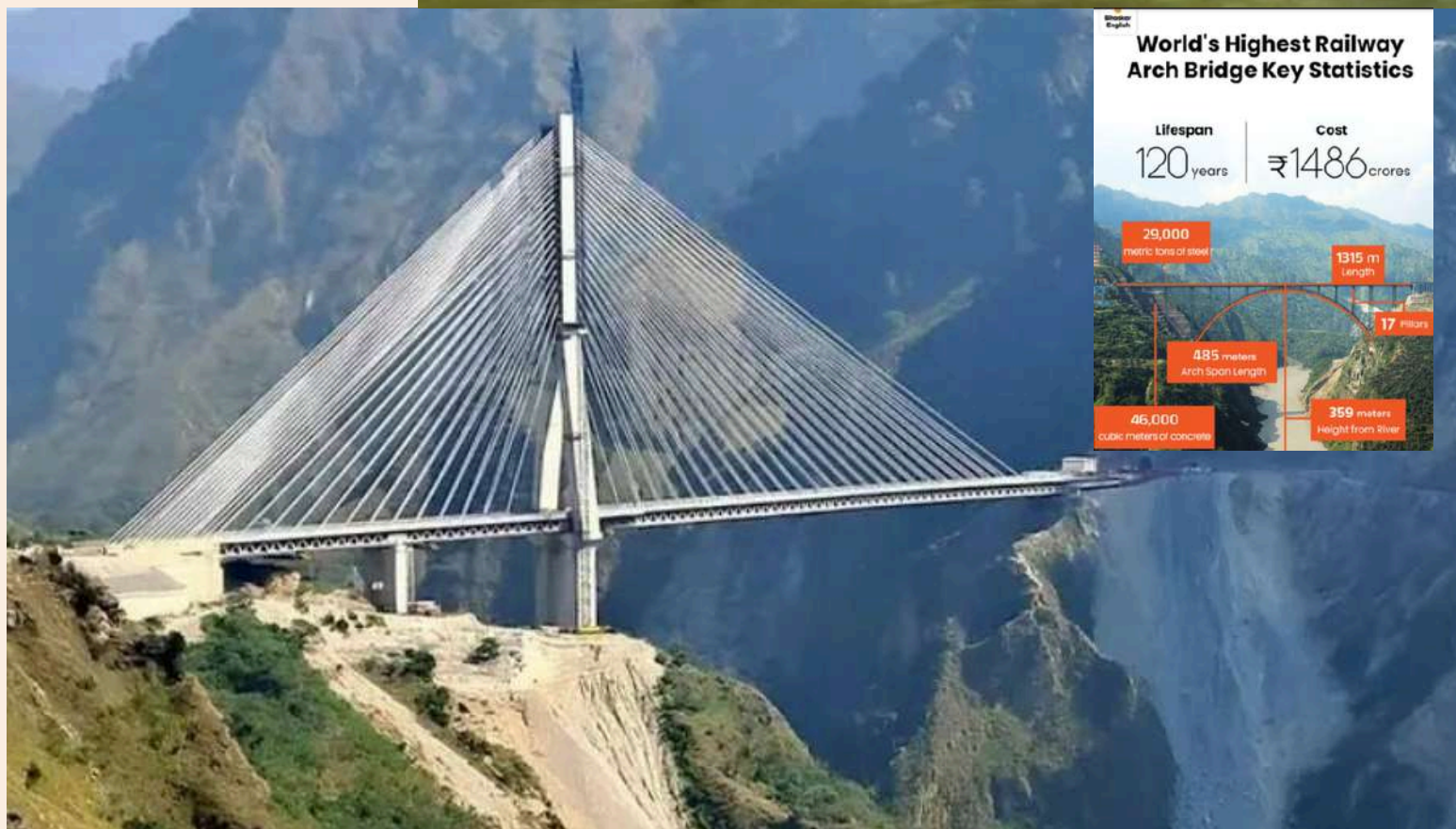
# KNOW YOUR STATE: J & K

## J& K current affairs :

- The Anji Khad Bridge, India's first cable-stayed railway bridge (second-highest overall), was opened for regular traffic on June 6, 2025, connecting Katra–Reasi on the Jammu–Baramulla line.
- The world-record Chenab Rail Bridge also became operational around the same time.
- The Shri Mata Vaishno Devi Katra–Srinagar Vande Bharat Express launched in early June, covering ~193 km with high-speed, modern amenities.



Hridya Gupta  
Grade - VB



# NCC

**"Empowering the Future: Where  
Courage Meets Discipline "**

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# Investiture Ceremony



"The Future Belongs to Those Who Believe in the Beauty of Their Dreams"

Shemford Futuristic School, Birpur, Jammu, proudly hosted its Investiture Ceremony, a momentous occasion that marked the investiture of new student leaders. The ceremony was graced by the presence of esteemed guests, Ms. Anissa Nabi, JKAS, Chief Sports Officer, as the Chief Guest and Mr. Pardeep Sen, SDPO, Bari Brahamna as Guest of Honour.

The ceremony began with a captivating Vandana, followed by enthralling dance and music performances that mesmerized the audience. Vice Principal, Ms. Kiranjit Kour, delivered a warm welcome address, while two brilliant students showcased their exceptional anchoring skills.

The highlight of the ceremony was the investiture of the new student leaders, who pledged to uphold the values of leadership and responsibility. Ms. Sakshi Sharma, Senior CCA Coordinator, proposed the vote of thanks.



# Recent Science Highlights From Around The World.

AROUND  
the  
WORLD

## Earth & Timekeeping

Earth is spinning faster this summer, resulting in days shorter than 24 hours by up to 1.36 ms on July 10, with similarly brief days predicted on July 22 (-1.34 ms) and August 5 (-1.25 ms). This seemingly small shift could impact atomic clocks, GPS, and financial systems reliant on precision timing. Scientists link the acceleration to polar ice melting caused by climate change .

## Space & Cosmology

**New interstellar visitor:** On July 1, the object 3I/ATLAS was identified entering our solar system at high speed, discovered by the ATLAS survey. It may shed light on the frequency and nature of interstellar objects .

**Asteroid flyby:** On July 31, asteroid 2025 ME92 (~95 ft wide) will pass safely at ~3.19 million km from Earth—no immediate threat, but a reminder of how near-Earth object tracking remains vital

**New dwarf planet “Ammonite” (2023 KQ<sub>14</sub>)** has been characterized, adding weight to debates over the existence of a ninth planet in our solar system .

## Life, Biology & Health

Discovery of a new organelle, dubbed the “hemifusome,” in human cells was confirmed in June—a previously unknown structure that may influence cellular biology .

**AI uncovers 86,000 hidden earthquakes** beneath Yellowstone’s supervolcano using machine learning—ten times more than previously cataloged. This advances volcanic monitoring, though no eruption risk is predicted imminently .

**Gene insights toward hair cell regeneration** may one day enable human hearing restoration by targeting specific cyclin D genes in fish ear cells .

## Fossils & Paleontology

A well-preserved 340-million-year-old shark species, *Macadens olsoni*, was discovered in Kentucky’s Mammoth Cave—based on a distinctive half-inch tooth from the Ste. Genevieve Formation .

In Utah, 4,000 dinosaur eggshell fragments from ~100 million years ago were recovered, offering deep insight into ancient ecosystems and dinosaur reproductive behavior .

## Climate & Earth Science Collaboration

On July 30, NASA-ISRO’s joint mission NISAR is launching a dual-frequency radar satellite to monitor Earth’s surface—tracking ice-sheet collapse, earthquakes, tsunamis, and ecosystem shifts with imagery every 12 days .

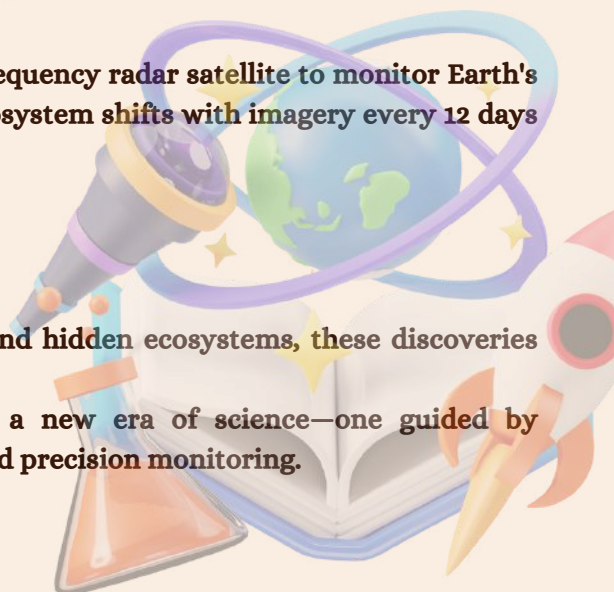
## Why These Matter

From timekeeping and planetary defenses to interstellar visitors and hidden ecosystems, these discoveries reshape how we view our planet, our galaxy, and human biology.

The convergence of AI, space observation, and biotech signals a new era of science—one guided by international collaboration, ethical discussion (e.g. de-extinction), and precision monitoring.

Ayansh Kumar Mishra

Grade-1st D





# Know your Country: INDIA



## हमारे देश के 3 नाम कैसे हुए है? जाने

**भारत** - भारत का नाम पौराणिक राजा भरत से लिया गया है। इनका साम्राज्य कश्मीर से कन्याकुमारी तक फैला हुआ था।

**हिंदुस्तान** - व्यापार के लिए जब ईरानी भारत आए तब भारत को सिंधु नाम से जाना जाता था लेकिन ईरानियों को सिंधु शब्द उच्चारण करने में तकलीफ होती वह सिंधु को हिंदू कहने लगे कुछ समय बाद हिन्द, हिंदुस्तान में परिवर्तन हो और देश नाम हिंदुस्तान पड़ा।

**इंडिया** - सिंधु नदी को इंडस के नाम से भी जाना जाता हैं। सिंधु घाटी की सभ्यता रोम की सभ्यता की तरह प्रसिद्ध थी और पूरे देश में फैली हुई थी। इंडस वैली के कारण ही देश का नाम इंडिया पड़ा। इंडिया का नाम विश्व स्तर पर अंग्रेज शासन के दौरान सबसे अधिक प्रसिद्ध हुआ है जो आज भी प्रसिद्ध है।

## Sensory Cleanliness Activity by Our Curious Kindergarteners

In a delightful blend of fun and learning, our enthusiastic toddlers participated in a “Sensory Cleanliness Activity” designed to engage their senses .

With great excitement and little hands full of energy, the toddlers carefully sorted and organized their favorite playthings, learning the importance of cleanliness and responsibility in a fun, hands-on way. This simple yet meaningful activity not only developed their fine motor and sensory skills but also encouraged them to care for their belongings and maintain a tidy environment.



## Daily Plant Care by our UKG superstars!

Our little gardeners are learning, the joy of nurturing nature ! Every day, our UKG kids are gently watering their plants, checking their leaves and talking to them with love.



## Show & Tell Competition

Show and Tell competition on “My Favourite toy” .....

Show and tell Competition on~”My Favourite Toy “ conducted at our school. Participating in show and tell activities help kids be more confident, improve presentation and speaking skills along with a lot of more benefits, including out of the box thinking. To enhance the speaking skills and cognition skills of the children, where in they with great elan spoke about their favourite toy while showing it.



# " Use of Anyone "

- Can **anyone** finish this?
- Is **anyone** ready?
- Will **anyone** volunteer?
- Can **anyone** lend me?
- Does **anyone** disagree?
- Can **anyone** verify?
- Is **anyone** online?
- Can **anyone** confirm?
- Does **anyone** know why?
- Can **anyone** solve this?
- Is **anyone** else coming?
- Can **anyone** guess?
- Is **anyone** looking?
- Will **anyone** stay?
- Can **anyone** replace me?
- Is **anyone** worried?
- Does **anyone** want this?
- Can **anyone** teach me



# English

## Pollution

Pollution is a big problem it affects our life very badly . Mainly there are three types of pollution. They are air pollution, water pollution, and noise pollution. Air we breathe is poisoned by smoke , harmful gases and dust. Water is polluted waste from factories, house etc. and the noise pollution is mainly caused by loudspeakers and motor horns. pollution causes many diseases. We should plant more and more trees try to control pollution. We should not harm our nature any way.

Samyra Khullar  
Class - 3rd "B"



 My First Day of School

*I still remember my first day of school. I was very excited and a little nervous. I wore my new uniform and carried my colourful school bag.*

*When I reached school, I saw many children like me. My teacher smiled at me and welcomed me to the class. She was kind and friendly. We sang songs, played games, and even coloured pictures.*

*I made new friends and learned many new things. My teacher told us stories, and we had fun in the playground.*

*At the end of the day, I was happy. I didn't want to go home! My first day of school was full of joy, and I will never forget it.*

Rudra pratap Singh  
Grade 2nd "A"

## English is a Global Language-

In today's interconnected world, English has earned the title of a global language, not by accident, but by influence, history, and necessity. It is spoken and understood by millions of people across continents, making it a powerful tool for communication, education, business, and diplomacy.

**Historical Roots and Global Spread:** The journey of English from a regional language in England to a global force began with British colonization. As the British Empire expanded to Asia, Africa, and the Americas, English spread alongside. Later, the rise of the United States as a global superpower after World War II further established English as the language of science, technology, and international relations.

**Language of Education and Research:** English is the primary or secondary language in many top universities worldwide. Most scientific research papers, medical studies, and academic journals are published in English, making it the language of knowledge and innovation.

Irani Sharma  
class 6th "B"



# WECO WARRIOR

I am an eco warrior. I love my mother earth and I will protect my mother earth by using eco friendly bags , by planting trees, by using electric cars etc. But I need other eco-warriors who will work with me to save mother earth. We will all stick together and save our mother earth by spreading awareness.

Name -Sudyut Vir Singh  
Class-4th"A"

## Punctuality

Punctuality is one of the most important characteristics of a successful person. punctuality refers to the habit of being on time or completing tasks within the specified time frame. it is an essential quality that is valued in both personal and professional settings . punctuality is not just about being on time;, it also shows that a person is reliable, responsible, and respect other people 's time . punctuality is the key to success and motivation.

Shanaya Singh  
Class :-5th"B"



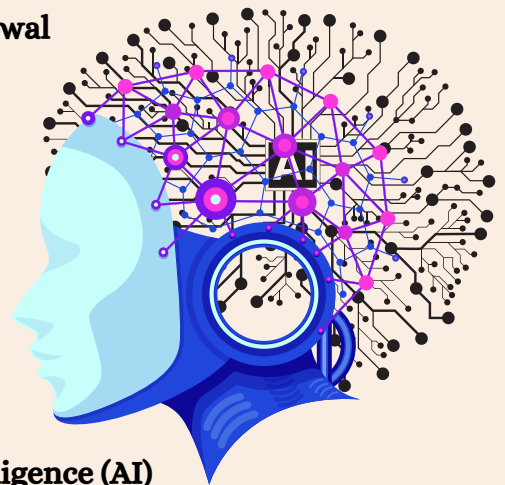
## A New Dawn

The sky awakes with shades of gold,  
A story of the day unfolds.  
Birds sing songs so pure and true,  
Welcoming light, the morning dew.

The breeze is soft, the world feels new,  
With skies so wide and oceans blue.  
Hope like petals starts to bloom,  
Chasing away the night's dark gloom.

So walk with joy, and lift your eyes,  
There's magic painted in the skies.  
Each moment brings a chance to shine  
The world is yours, and dreams are mine.

Shivanshi Jamwal  
Grade - 5th"B"

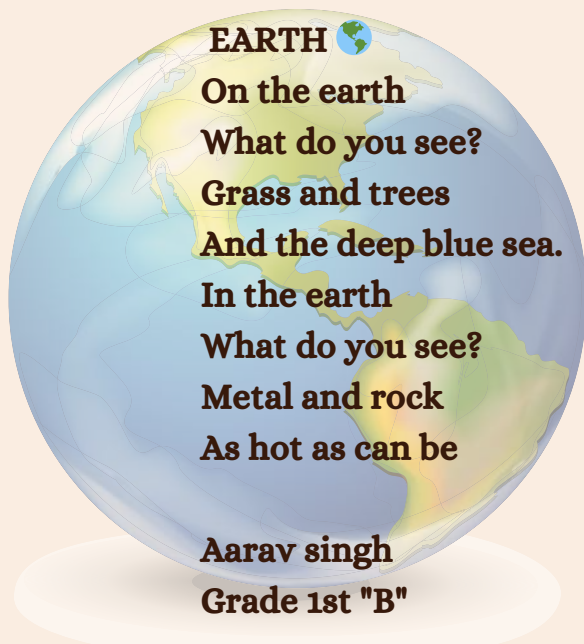


## Artificial Intelligence (AI)

is a rapidly growing technology that enables machines to think, learn, and make decisions like humans. From voice assistants like Siri and Alexa to smart features in phones, online learning tools, and even self-driving cars, AI is becoming a part of our daily lives. In education, AI helps students by offering personalized learning, solving doubts, and making studying more interactive and fun. As the future becomes more digital, understanding AI is important for students, not just to use technology smartly but also to become the innovators of tomorrow. Embracing AI means preparing ourselves for a smarter, faster, and more connected world.

MS.Risha Jasrotiia  
TGT Computers





## EARTH

On the earth  
What do you see?  
Grass and trees  
And the deep blue sea.  
In the earth  
What do you see?  
Metal and rock  
As hot as can be

Aarav singh  
Grade 1st "B"

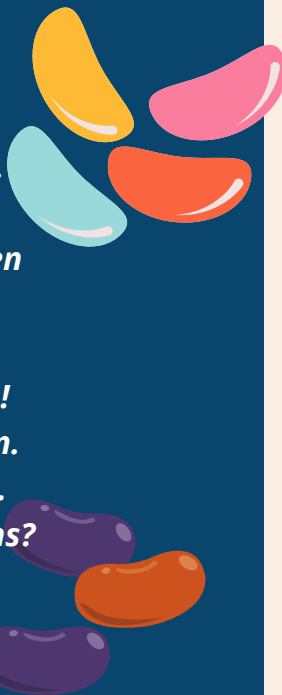
## JELLY BEANS

Jelly, Jelly, Jelly beans.  
Belly, belly, belly beans.

Orange, white, black, green  
Red, blue, Jelly beans.

Many, many can be seen!  
All the colours in between.  
From one to many beans.  
Guess how many Jelly beans?

Garvit Sharma  
Class : 1st "C"



## Global warming

Global warming is a serious threat to our environment. It's happening because of the way people are treating the earth. When we burn fossil fuels like gasoline coal and natural gas, it releases bad gases into the air. These gases is harmful for our Earth. This is known as the greenhouse effect. Deforestation is a another major cause of global warming. Trees observe carbon dioxide and release oxygen, but when we cut them down their less cleaning of there's less cleaning of the air. Industrial activities and certain farming practices also releases harmful gases.

Shaurya Mishra,  
Class 3rd "B"

'Importance of Time management in students 'Life' .

Time management is a crucial skill in a student's life as it directly affects academic success and overall well-being. By managing time effectively, students can balance their studies, extracurricular activities, and personal life without feeling overwhelmed. It helps in setting clear priorities, avoiding last-minute stress, and ensuring timely completion of assignments and projects. Good time management also allows students to allocate sufficient time for revision, leading to better exam performance. Moreover, it encourages self-discipline and responsibility, preparing students for future professional challenges. Poor time management, on the other hand, often leads to procrastination, missed deadlines, and lower grades. Students who manage their time well tend to be more confident, organized, and motivated. It also gives them more free time to relax or pursue hobbies, contributing to better mental health. In short, mastering time management early in life lays a strong foundation for both academic and personal success.

Shivansh Singh

Grade 3rd "A"



## Our Brave Soldier

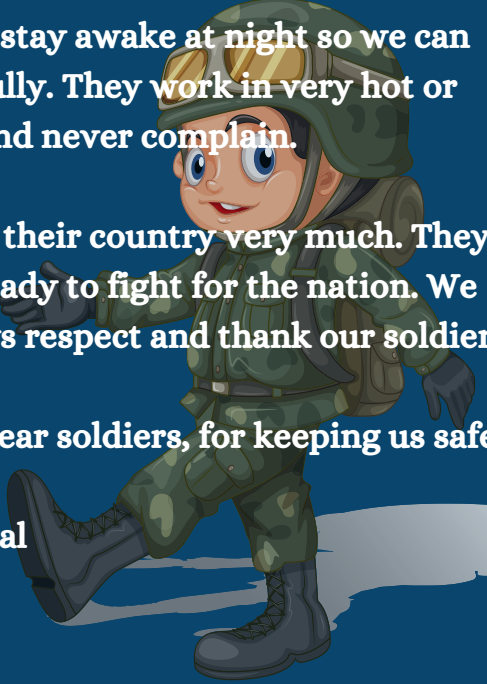
A soldier is a brave person who protects our country. Soldiers work in the Army, Navy, or Air Force. They keep us safe from enemies and help during emergencies like floods or earthquakes.

Soldiers wear uniforms and live far from their homes. They stay awake at night so we can sleep peacefully. They work in very hot or cold places and never complain.

Soldiers love their country very much. They are always ready to fight for the nation. We should always respect and thank our soldiers.

Thank you, dear soldiers, for keeping us safe!

Chehak Janwal  
Grade 2nd C



## Humanity

Humanity means being kind and helping others it is about caring for people, animals and the world. when we show love, respect and kindness we make the world a better place. Helping others can be as simple as sharing, being nice, or picking up trash. When people work together they can solve problems and make the world peaceful. We can always be kind to one another, no matter where we come from or what we believe. Every act of kindness, big or small is a part of humanity.

Amina Akhtar  
Class-4th B

# SAVE THE EARTH



🌍 *Save Earth, Save Life!* 🌱

*"We do not inherit the Earth from our ancestors, we borrow it from our children."  
- Native American Proverb*

*Let's protect the trees so green,  
Keep our rivers fresh and clean.  
Don't waste water, don't use plastic,  
Saving Earth is fantastic!*

💡 *Why Must We Save the Earth?*

*Earth is our beautiful home. It gives us everything – clean air, fresh water, fruits, vegetables, animals, and sunshine. But today, our Earth is in danger because of pollution, cutting trees, wasting water, and using too much plastic.*

*If we don't care for the Earth, it will not be safe for us and animals to live.  
The ice is melting, animals are losing their homes, and the air is getting dirty. But we can still fix it!*

★ *What Can Kids Do?*

- . Plant a tree every year 🌳*
- . Say no to plastic bags and bottles 🗑️*
- . Reuse and recycle paper and toys 🧸*
- . Switch off lights and fans when not needed*

💡  
*. Walk or cycle to nearby places 🚲*  
*Even small actions by children can bring a big change. Let's become Earth Heroes and protect our planet with love and care. ❤️*

Yashvardahn Saini 😊  
Class 4th B 🌸

## My Beautiful Environment

The environment is everything that is around us. It has trees, animals, people, rivers, mountains, air, and sky. I love nature because it is beautiful and helps us in many ways.

Trees are my favorite part of the environment. They give us fresh air to breathe. They also give fruits, flowers, and shade. Birds make their homes in trees, and they look so cute. I want to plant more trees so that our world becomes greener and cooler.

Water is also very important. We need water to drink, bathe, wash, and cook. But some people waste water. I don't waste it. I turn off the tap when brushing my teeth. I think we should save water every day.

Air is all around us, and we cannot see it, but we can feel it. If the air is dirty, it makes us sick. Smoke from cars and factories makes the air bad. So, I tell people not to burn garbage or burst too many crackers.

We must also take care of animals. They are part of our environment too. Some people hurt animals, which is not good. I love animals and think we should be kind to them.

My teacher says we should always use dustbins and not throw waste here and there. Plastic is very bad for the Earth, so we should use paper or cloth bags.

I want to grow up and become someone who protects the Earth. I will plant more trees, save water, and tell everyone to keep the environment clean. A clean and green Earth is a happy place to live.

Let us all promise to care for our beautiful environment every day!

Parria Kotwal  
Class 3rd "B"

## The importance of school library...

Books play an essential role in every person's life. A library is a place where we find many existing books like .fairy tales..novels ..poems magnizes.newspapers and many others.. as students we learns a lot from the library. We take home the books that we want .and after reading them .we return them .my school library has a Poem: Hello, Hello!

Hello, hello, how are you?  
I'm fine, I'm happy, how about you?

I see the sun, it's shining bright,  
I wave to birds that take their flight.

I have a pencil, I can write,  
I draw a star, I draw a kite!

Red is an apple, round and sweet,  
Bananas are yellow, a lovely treat!

I love to learn, I love to play,  
I smile and laugh every day!

Trishaan  
Ist A lovely collection of writing spanning the genres of crime fiction .poetry and poems .I love my school library as I can learn about so many beautiful things from books every week .I eagerly wait for the library class to gain a new understanding of the world and enrich my knowledge and skills ....

Zara Choudhary  
Class -1st"C"



## **LIFE OF FATHER**

***A father's life is full of Love, Responsibility, and Sacrifice. He works hard every day to provide comfort and security to his family. Though he may not always express his emotions, his actions show deep care. He supports and guides his children through every stage of life. Fathers often put their own dreams aside for the sake of their family. He is a strong pillar in times of trouble and a silent protector. His love is firm, steady, and unconditional. A father's life is a beautiful journey of strength, patience, and selfless love.***



**ALEENA NAVEED**

**CLASS:- 4th "A"**

## *Plant a tree*



**Planting a tree is a simple act that brings big benefits. Trees give us fresh air, shade, fruits, and help reduce pollution. They keep the environment clean and support wildlife.**

**By planting trees, we fight climate change and make the Earth greener and healthier. It's a gift to nature and future generations.**

**Everyone should plant at least one tree. A small step today can create a better tomorrow.**

**Saksham Thapa**

**Class:- 4th "A"**

## **Importance of Education**

**Education plays a vital role in our life. It differentiates us from the rest of the creatures on earth and helps us to improve ourselves from within. It nourishes our character and broadens our perspective towards life.**

**Education helps to transform individual to be a an better and responsible citizen. All the power and progress achieved by human beings is because of education. It teaches us morals, justice, ethics and tolerance. It is because of education that a person can live successful and self-a dependent life.**

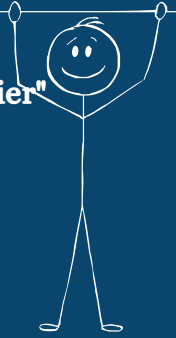
**Anvi Sharma**

**Grade 3rd "A"**



# MOTIVATIONAL QUOTES

YOU CAN DO IT



Success is the sum of small efforts, repeated day in and day out." – Robert Collier"

Don't watch the clock; do what it does. Keep going." – Sam Levenson"

The expert in anything was once a beginner." – Helen Hayes"

You don't have to be great to start, but you have to start to be great." – Zig Ziglar"

It always seems impossible until it's done." – Nelson Mandela"



Ruhi Vikal

Grade - Vth "B"

## GREAT THOUGHTS!

1. It is easy to hate but it is healthy to love.
2. A little learning is a dangerous things.
3. A bad work man quarrel with his tool.
4. A child is not a vase but a fire to lit.
5. Life never seems to be the way we want it, but we can fill it the best way we can. There is no prefect life but we can fill it with prefect moments.

## MEANING OF STUDENT AND TEACHERS.

S=Self control	T=Truthful
T=Thrist of knowledge	E=Excellent
U=Under guidance	A=Adorable
D=Devotion to education	C=Caring
E=Eager to learn	H=Helpful
N=Nobility	E=Efficient
T=Truthfulness	R=Remarkable

## THOUGHTS

To feel rich, count the things you have that money can't buy.

Driti Thapa

Grade 1st "B"

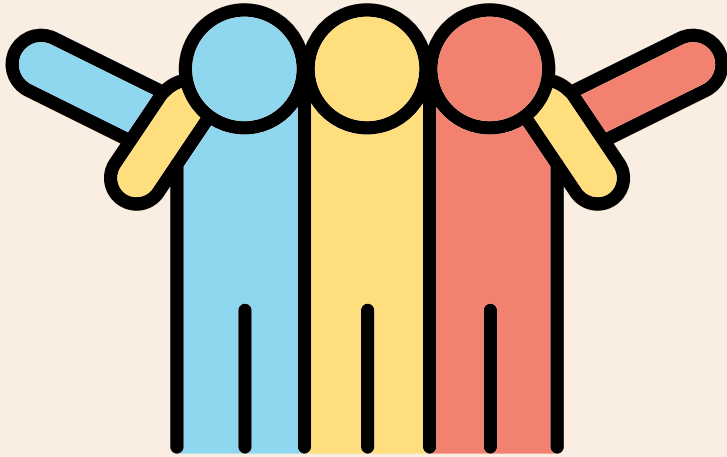


# हिन्दी

## उपविषय - मित्रता

मित्रता एक अनमोल रत्न के समान होती है। इसका कोई मोल नहीं होता है। लेकिन सच्चे मित्र बहुत ही मुश्किल से मिलते हैं। जीवन में यदि एक भी सच्चा मित्र मिल जाए तो समझना चाहिए की उसे संसार की सबसे अनमोल चीज़ मिल गई है। मित्रता में अमीरी और गरीबी का भेद नहीं होता है। भगवान श्रीकृष्ण जहाँ राजा थे वहीं सुदामा बहुत ही दरिद्र था। मित्र हमारे जीवन का एक महत्वपूर्ण हिस्सा हैं। अच्छे मित्र हर चरण में हमें सहायता, मार्गदर्शन और समर्थन देते हैं। वे कठिन समय में हमारी मदद करते हैं। वे मुझे जीवन में सकारात्मक देखने और नकारात्मक को दूर करने में मदद करते हैं। मित्रता के बिना जीवन काफी सुस्त और उबाऊ हो सकता है। मैं भाग्यशाली हूँ कि मेरे मित्र हमारी मित्रता को सच्चे मन से निभाते हैं।

## अर्पिता झा



## इको वॉरियर का संदेश

पेड़ लगाओ, धरती बचाओ,  
गंदगी को दूर हटाओ।  
नदियों को मत गंदा करना,  
पानी हर रोज़ बचाना।

प्लास्टिक का अब करो बहिष्कार,  
प्रकृति को दो सच्चा उपहार।  
पंछी, जानवर सबके हैं अधिकार,  
उनकी भी तो सुनो पुकार।

मैं हूँ छोटी इको वॉरियर,  
प्रकृति की रखवाली मेरी ज़िम्मेदारी।  
आओ मिलकर काम करें हम,  
धरती को बनाएँ फिर से प्यारी।

## संदेश:

"हम बच्चे भी प्रकृति के रक्षक बन सकते हैं। पेड़ लगाओ, पानी बचाओ और धरती को मुस्कराने दो!"

शान्वी,  
कक्षा 4



"खेलों का महत्व: शारीरिक और मानसिक विकास के लिए जरूरी"

खेल केवल मनोरंजन का साधन नहीं हैं, बल्कि वे अनुशासन, टीमवर्क और आत्म-विश्वास का भी विकास करते हैं। भारत में अब क्रिकेट के साथ-साथ बैडमिंटन, कुश्ती, हॉकी और ओलंपिक खेलों में भी युवा प्रतिभाएं विश्व पटल पर छा रही हैं।

आद्विक शर्मा  
कक्षा दूसरी ए



## शिक्षा क्षेत्र

शीर्षक: "शिक्षा का उद्देश्य केवल अंक नहीं, व्यक्तित्व विकास भी है"

आज की शिक्षा प्रणाली में धीरे-धीरे यह समझ बढ़ रही है कि केवल अंक प्राप्त करना ही शिक्षा का मुख्य उद्देश्य नहीं होना चाहिए। एक विद्यार्थी का संपूर्ण विकास - शारीरिक, मानसिक, भावनात्मक और सामाजिक - ही शिक्षा का असली लक्ष्य होना चाहिए। नई शिक्षा नीति ने इस दिशा में महत्वपूर्ण कदम उठाए हैं। अब शिक्षा को रोचक, प्रयोगात्मक और जीवनोपयोगी बनाया जा रहा है। विद्यार्थियों को अब केवल किताबी ज्ञान नहीं बल्कि सोचने-समझने और समाधान ढूँढने की क्षमता भी सिखाई जा रही है। इसके साथ ही कला, खेल, और कौशल आधारित शिक्षा को भी महत्व दिया जा रहा है। यह परिवर्तन समाज में एक जिम्मेदार नागरिक तैयार करने की दिशा में एक बड़ा कदम है। हमें चाहिए कि हम बच्चों को रटने की बजाय समझने की प्रवृत्ति की ओर प्रोत्साहित करें।  
कक्षा सातवीं (ब)  
नाम सुहानी शर्मा

## पेड़ हमारे मित्र

पेड़ हमें छाया देते हैं।  
वे फल, फूल और लकड़ी भी देते हैं।  
पेड़ों पर पक्षी अपने घोंसले बनाते हैं।  
पेड़ हवा को शुद्ध करते हैं।

हमें पेड़ लगाना चाहिए।  
पेड़ों की देखभाल करनी चाहिए।  
पेड़ हमारे जीवन के लिए बहुत ज़रूरी हैं।  
अगर पेड़ नहीं होंगे, तो जीवन कठिन हो जाएगा।

चलो, मिलकर पेड़ लगाएं और धरती को हरा-भरा बनाएं।

आश्वी शर्मा



## पर्यावरणीय संकट

प्रिय साथियों,

आज मैं आपसे पर्यावरणीय संकट के गंभीर मुद्दे पर बात करना चाहूंगी | पर्यावरणीय संकट, जिसे हम जलवायु परिवर्तन, प्रदूषण और प्राकृतिक संसाधनों की कमी के रूप में देख रहे हैं, हमारे अस्तित्व के लिए एक गंभीर खतरा बन चुका है |

जलवायु परिवर्तन के कारण ग्लेशियर पिघल रहे हैं, समुद्र का स्तर बढ़ रहा है और मौसम के पैटर्न में असामान्य परिवर्तन हो रहे हैं। प्रदूषण ने हमारी हवा, पानी और मिट्टी को विषाक्त बना दिया है, जिससे अनेक स्वास्थ्य समस्याएँ उत्पन्न हो रही हैं। वन्यजीवों का आवास नष्ट हो रहा है और कई प्रजातियाँ विलुप्त होने के कगार पर हैं |

हमें तुरंत और ठोस कदम उठाने की आवश्यकता है | हमें नवीकरणीय ऊर्जा स्रोतों का उपयोग बढ़ाना चाहिए, जैसे सौर और पवन ऊर्जा | वृक्षारोपण को प्रोत्साहित करना चाहिए और प्लास्टिक के उपयोग को कम करके पुनर्चक्रण को बढ़ावा देना चाहिए |

इसके अलावा, हमें पर्यावरणीय शिक्षा और जागरूकता फैलानी होगी, ताकि हर व्यक्ति पर्यावरण की रक्षा के लिए अपनी भूमिका समझ सके |

आइए, हम सभी मिलकर पर्यावरणीय संकट से निपटने का संकल्प लें और एक स्वच्छ, हरित और स्वस्थ पृथ्वी के निर्माण में योगदान दें |

धन्यवाद |  
एंजेल रकवाल  
कक्षा 5 'बी'

\_\_\_ शिक्षा \_\_\_

शिक्षा है जीवन का आधार,  
शिक्षा बिना सब है बेकार  
तैमूर मलिक  
कक्षा 1 'सी'



## कला और संस्कृति

भारत एक ऐसा देश है जो अपनी समृद्ध कला और संस्कृति के लिए पूरी दुनिया में जाना जाता है। कला और संस्कृति किसी भी देश की आत्मा होती हैं। यह हमें हमारे अतीत से जोड़ती हैं और हमारी पहचान बनाती हैं। भारत में अलग-अलग धर्म, जातियाँ, भाषाएँ और परंपराएँ हैं, और यही विविधता हमारी संस्कृति को और भी सुंदर बनाती है। कला क्या होती है?

कला का मतलब है कोई ऐसा काम जो दिल और दिमाग से सुंदरता पैदा करे। जैसे – चित्र बनाना, गाना गाना, नृत्य करना, नाटक करना या मूर्ति बनाना। ये सब कलाएं होती हैं। भारत में बहुत सी तरह की कलाएं पाई जाती हैं – जैसे मधुबनी चित्रकला, वारली चित्रकला, तंजावुर पेंटिंग, भरतनाट्यम, कथक, कुचिपुडी, ओडिसी जैसे शास्त्रीय नृत्य और भांगड़ा, घूमर जैसे लोकनृत्य। हर राज्य की अपनी खास कला होती है जो वहां के लोगों की भावनाओं और जीवनशैली को दिखाती है।

संस्कृति का मतलब है हम कैसे रहते हैं, क्या पहनते हैं, क्या खाते हैं, कौन-से त्योहार मनाते हैं, और हमारी बोलचाल और सोच कैसी है। भारत की संस्कृति बहुत ही पुरानी और रंग-बिरंगी है। यहाँ के लोग अनेक भाषाएँ बोलते हैं, जैसे हिन्दी, तमिल, बंगाली, पंजाबी, मराठी आदि। सभी धर्मों के लोग मिल-जुलकर रहते हैं – हिन्दू, मुस्लिम, सिख, ईसाई, बौद्ध, जैन आदि।

त्योहार भी हमारी संस्कृति का हिस्सा हैं। भारत में हर धर्म और क्षेत्र के त्योहार बड़े जोश से मनाए जाते हैं – जैसे होली, दिवाली, ईद, क्रिसमस, गुरुपर्व, बैसाखी, पोंगल, ओणम आदि। इन त्योहारों से आपसी प्यार और भाईचारा बढ़ता है।

भारत में बहुत सी ऐतिहासिक इमारतें और धरोहरें हैं जैसे – ताजमहल, कुतुब मीनार, लाल किला, खजुराहो मंदिर, अजंता-एलोरा की गुफाएं, जो हमारी कला और संस्कृति की झलक दिखाती हैं। इनके ज़रिए हम जान पाते हैं कि हमारे पूर्वज कितने बुद्धिमान और रचनात्मक थे। आज के समय में जब हम मोबाइल और टीवी की दुनिया में खो जाते हैं, तो हमें अपनी कला और संस्कृति को याद रखने की ज़रूरत है। स्कूलों में नृत्य, संगीत, चित्रकला जैसी गतिविधियों से बच्चे अपने अंदर छुपी प्रतिभा को पहचान सकते हैं।

हमें अपने त्योहारों को मनाना चाहिए, अपनी भाषा और परंपराओं का सम्मान करना चाहिए, और नई पीढ़ी को भी इसके बारे में बताना चाहिए।

कला और संस्कृति से हमारा जीवन सुंदर बनता है। यह हमें अपनी जड़ों से जोड़ती है और हमें सिखाती है कि सब मिलकर कैसे प्यार से रह सकते हैं। हमें अपने देश की कला और संस्कृति पर गर्व करना चाहिए और इसे हमेशा संजोकर रखना चाहिए। यही हमारी सच्ची पहचान है।

“हमारी संस्कृति हमारी ताकत है।” – नरेंद्र मोदी

देवांशी सिंह



# اُردُو

## ماحولیات کی حفاظت

ماحولیات سے مراد وہ تمام چیزیں ہیں جو ہمارے ارد گرد موجود ہیں، جیسے ہوا، پانی، زمین، درخت، جانور اور انسان۔ ایک صاف، صحت مند اور خوبصورت ماحول ہماری زندگی کے لیے بہت ضروری ہے۔ اگر ماحول آلودہ ہو جائے تو نہ صرف انسان بلکہ تمام جاندار خطرے میں پڑ جاتے ہیں۔

بدقسمتی سے، آج کل ماحول آلودگی، کچرے، درختوں کی کٹائی، اور کارخانوں کے دھوئیں کی وجہ سے خراب ہو رہا ہے۔ ان چیزوں سے نہ صرف ہوا خراب ہوتی ہے بلکہ پانی اور زمین بھی متاثر ہوتی ہے۔ اس سے بیماریاں پھیلتی ہیں اور موسم میں بھی تبدیلی آتی ہے۔

ماحول کی حفاظت کے لیے ہمیں درخت لگانے، چابٹیں، پانی اور بجلی کا ضیاع نہیں کرنا چاہیے، پلاسٹک کا کم استعمال کرنا چاہیے اور کوڑا کرکٹ مناسب جگہ پر پھینکنا چاہیے۔ ہمیں جانوروں کا بھی خیال رکھنا چاہیے کیونکہ وہ بھی ماحول کا حصہ ہیں۔

ماحول کو صاف رکھنا ہماری قومی، اخلاقی اور دینی ذمہ داری ہے۔ اگر ہم آج ماحول کا خیال رکھیں گے تو آنے والی نسلوں کو ایک بہتر دنیا ملے گی۔

اقرہ ملک

جماعت : پانچویں



نظم: میری کتاب

میری کتاب ہے دوست میری،  
علم کا یہ خزانہ دیتی۔

صفحہ صفحہ باتیں کرتی،  
دنیا بھر کی سیر کراتی۔

کہانیوں کا جادو اس میں،  
اچھی باتیں، علم بھی اس میں۔

صبح سویرے ساتھ میں لے کر،  
پڑھتی ہوں میں دل سے لے کر۔

ماں کہتی ہے، علم ہے طاقت  
کتاب سے ملتی ہے برکت۔

مہران ملک  
جماعت: چوتھی

✨ حوصلے کی روشنی ✨

اڑنے دو خوابوں کو، فضا میں پیغام بنیں  
محنت سے ہر دن کو، روشن انجام بنیں

ہمت نہ ہاریں ہم، مشکل ہو یا اندھیرا  
رکھیں دل میں امید، ہر دن ہو سویرا

کتابوں سے دوستی، علم کا خزانہ  
بنے گا ہر بچہ، کل کا افسانہ

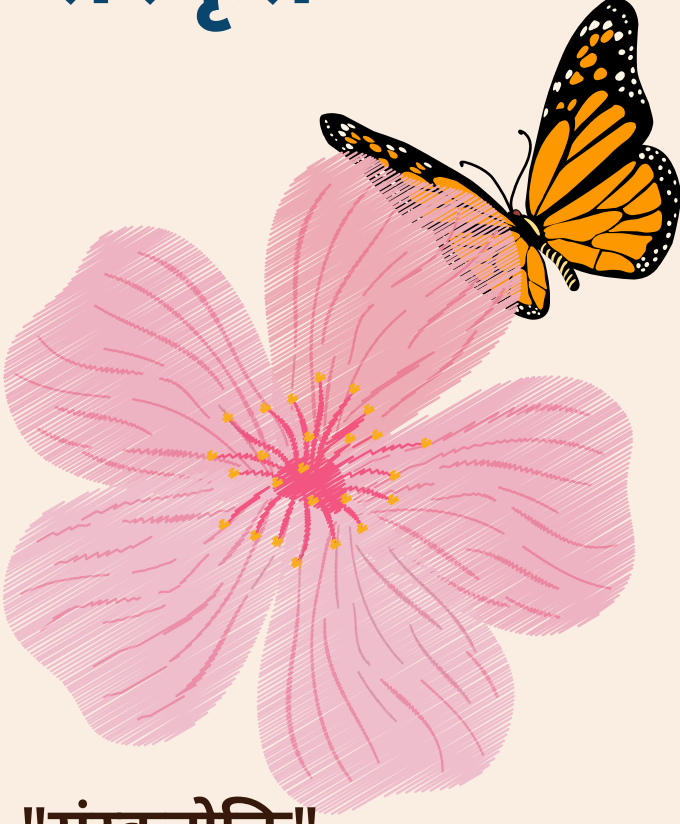
نیکی کا ہو چراغ، دل میں جلے ہر دم  
محبت ہو ہر ایک سے، ہو نہ کسی سے غم

چلو آگے بڑھیں ہم، خوابوں کو سچ کریں  
اپنے وطن کا نام، روشن ہر سمت  
کریں

شیوانش اتری  
جماعت : پانچویں



# संस्कृत



सौन्दर्यम् (Beauty)

सरोजे जलकणं यथा  
नभसि पूर्णचन्द्रमा।  
कवितासु सदा वसति  
सौन्दर्यं हृदयस्पृशम्॥

Meaning

Like a drop on a lotus leaf  
Like the full moon in the sky  
Beauty lives in poems always  
Touching hearts as it drifts by

शिवांशि जम्वाल  
पञ्चमी कक्षा 'बी'

## "संस्कृतोक्ति"

1. सत्यं वद, धर्मं चर।

(Satyaṁ vada, Dharmam cara)

अर्थ: सत्य बोलो और धर्म का पालन करो।

मतलब: छात्र को हमेशा सच बोलना चाहिए और अपने कर्तव्य को सही तरीके से निभाना चाहिए।

2. विद्या ददाति विनयं, विनयाद् याति पात्रताम्।

पात्रत्वात् धनमाप्नोति, धनात् धर्मं ततः सुखम्॥

(Vidyā dadāti vinayaṁ, vinayād yāti pātratām.

Pātratvāt dhanam āpnoti, dhanāt dharmam tataḥ sukham)

अर्थ: विद्या विनम्रता देती है, विनम्रता से पात्रता आती है, पात्रता से धन, धन से धर्म और धर्म से सुख।

3. उद्यमेन हि सिद्ध्यन्ति कार्याणि न मनोरथैः।

न हि सुप्तस्य सिंहस्य प्रविशन्ति मुखे मृगाः॥

(Udyamena hi siddhyanti kāryāṇi na manorathaiḥ.

Na hi suptasya simhasya praviśanti mukhe mṛgāḥ)

अर्थ: कार्य केवल परिश्रम से ही सिद्ध होते हैं, केवल इच्छाओं से नहीं। सोए हुए सिंह के मुँह में हरिण स्वयं नहीं आता।

4. आत्मना विन्दते वीर्यं, विद्यया विन्दतेऽमृतम्।

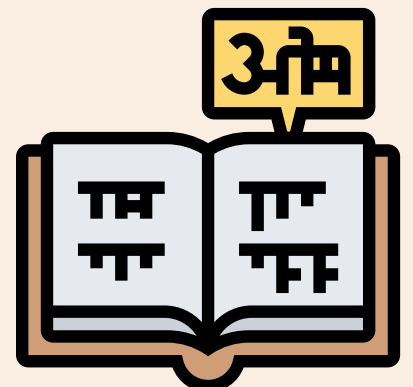
(Ātmanā vindate vīryam, vidyayā vindate'mṛtam)

अर्थ: आत्मबल से वीरता मिलती है और विद्या से अमरता।

5. श्रम एव जयते।

(Shrama eva jayate)

अर्थ: केवल श्रम ही जीतता है।



# French

## La Vie

La vie est un cadeau précieux que nous recevons chaque jour. Elle n'est pas toujours facile, mais chaque moment nous offre une leçon. Les sourires, les larmes, les réussites et les échecs font tous partie de cette belle aventure.

Pour réussir dans la vie, il faut du courage, de la patience et surtout de l'espoir. Même quand les choses semblent sombres, il y a toujours une lumière quelque part. Il suffit de continuer à marcher vers ses rêves.

Apprenons à apprécier les petites choses : un mot gentil, un coucher de soleil, ou le soutien d'un ami. Ces moments simples rendent la vie belle et donnent un sens à notre voyage.



## English Translation

## Life

Life is a precious gift that we receive every day. It is not always easy, but each moment offers us a lesson. Smiles, tears, successes, and failures are all part of this beautiful adventure.

To succeed in life, we need courage, patience, and above all, hope. Even when things seem dark, there is always a light somewhere. We just have to keep walking toward our dreams.

Let's learn to appreciate the little things: a kind word, a sunset, or the support of a friend. These simple moments make life beautiful and give meaning to our journey.



# Riddles

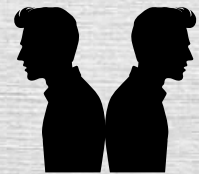


**Riddle: How do eight eights add up to one thousand?**

Answer:  $888 + 88 + 8 + 8 + 8 = 1000$ .

**1000**

**Riddle: How can you physically stand behind your father while he is standing behind you?**



Answer: You are standing back-to-back with your father.

**Riddle: You're in a dark room with a candle, a wood stove, and a gas lamp. You only have one match, so what do you light first?**

Answer: The match.



**Riddle: What is stronger than steel but can't handle the sun?**

Answer: Ice.

